



Dementia Coffee Morning

You are invited to join us at Sarto Lounge:

Wednesday 7th May

9:30-11:30am

96/98 High Street, Sidcup, DA14 6DS

Come along for a relaxed and friendly morning designed for people living with dementia, their carers, friends, and anyone who wants to learn more or simply connect.

Whether you're popping in for a coffee or staying the whole morning, we'd love to see you there!

- Free tea, coffee & cake
- Light-hearted Quiz
- Colouring activities
- Warm conversations



www.sidcuppartners.co.uk